

SECTION 3 † RECREATION

Opening Prayer

*O God of the Sabbath, send us your wisdom today
as we discuss the importance of authentic rest.*

*Give us your Spirit so that we can understand
the difference between true recreational activities
and those things we sometimes do
that leave us numbed and not renewed.*

*We ask this in the presence of your Spirit
and through Christ our Lord.*

Amen.



*I have shown you in all things that by working hard in
this way we must help the weak,
remembering the words that the
Lord Jesus himself said,
There is more happiness in giving
than in receiving.*

Acts 20:35